

# THE LAKELAND BEAT

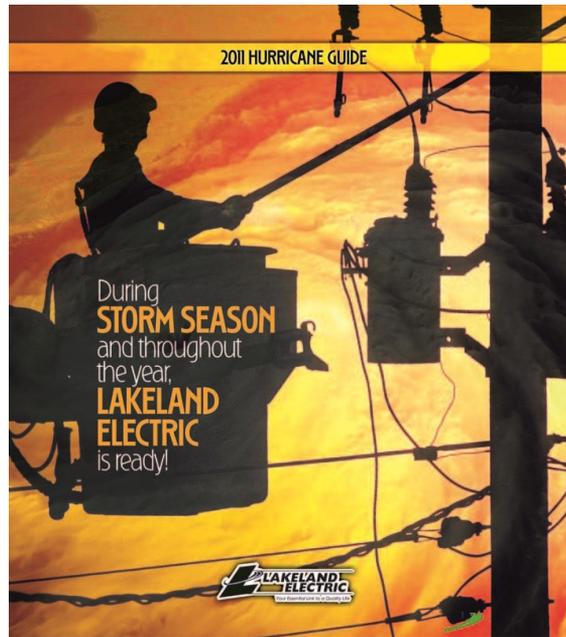
JULY 2011

www.LCPAAHome.org

ISSUE 68

## HURRICANE SEASON IS HERE...

June 1st started the 2011 Hurricane season. If you've been following the weather around the world lately, you know that there has been some wild weather out there. Make sure you are prepared for Hurricane Season. Pick up a free 2011 Lakeland Electric Storm Season Guide at City Hall (228 S. Massachusetts Avenue)



## Here Are Some Facts About Crime...

As you know, crime is on the increase in most large U.S. cities. It is also becoming more prevalent in smaller communities like Lakeland. Thinking that it can only happen to someone else and doing nothing to prepare yourself or take precautionary measures in case makes you the perfect victim criminals are looking for.

### **Making yourself less of a target is simpler than you might think.**

The Lakeland Police Department is committed to providing you with proactive tips and information to help keep you safe both in and outside your home. Whether you are looking for crime prevention tips or crime prevention programs for your neighborhood association or civic group, the Community Services Unit is here to meet your needs. The community based crime prevention programs can be tailored to meet the needs of your group. Our diverse offering of crime prevention programs includes topics suitable for elementary school children, young adults, senior citizens, or neighborhood associations.

Contact the Community Services Unit today at 863.834.6912.

### UPCOMING MEETINGS

**JULY 12, 2011**  
LCPAAA General Membership Meeting  
2nd floor at 7:00pm

**JULY 26, 2011**  
LCPAAA Board of Directors Meeting  
3rd floor at 7:00pm

**AUGUST 9, 2011**  
LCPAAA General Membership Meeting  
2nd floor at 7:00pm

### 2011 Board of Directors

**President**  
Arnold Johnson  
899-4169

**Vice President**  
Robin Tillett  
604-5450

**Secretary**  
Kim Golotko

**Treasurer**  
Richard Derk

**Directors**  
Kristin Hess  
640-3187

Jim Daniels  
559-1660

Clarence Willard

Shirley Mobley

Susan Herbolzheimer  
868-7312

**LPD Liaison**  
Captain Victor White  
834-6922

### LOOK WHAT'S INSIDE

Page 2: Race for the Cure...

Page 3: First Friday and Meet our Members...

# Lakeland to Host Race for the Cure

- About 1 in 8 women in the United States (12%) will develop invasive breast cancer over the course of her lifetime.
- In 2010, an estimated 207,090 new cases of invasive breast cancer were expected to be diagnosed in women in the U.S., along with 54,010 new cases of non-invasive (in situ) breast cancer.
- About 1,970 new cases of invasive breast cancer were expected to be diagnosed in men in 2010. Less than 1% of all new breast cancer cases occur in men.
- In 2010, there were more than 2.5 million breast cancer survivors in the U.S.



And next January, Lakeland will help to increase the number of survivors as the city will be hosting the pink themed road race that generates money for breast cancer prevention, treatment and research. The event, scheduled for January 14, 2012 will be held at Joker Marchant Stadium at Tiger Town and will include a 5k and 10k races. Polk County will become just the third site in the nation to host a Race for the Cure 10k event. Event chairwoman, Cauney Bamberg, has said that 75% of the money generated by the race will be returned to Polk County. The funds will help the estimated 15,000 local women who are now at risk of missing preventative mammograms because of financial strains or lack of health insurance. A first year goal has been set of 2,500 races and up to 10,000 participants, including volunteers and spectators. This event is staged entirely by volunteers. This is why we are calling on as many LCPAAA members as possible to sign up to help out this great cause. If you are interested in volunteering you need to sign up soon. Please see Charlie Burdette at our general meeting for the sign up sheets.

## FIRST FRIDAY'S - IN DOWNTOWN LAKELAND

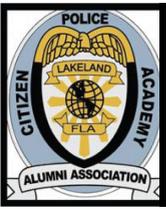
**August 5, 2011 - "Back to School – Salute to Educators!"** – It's back to the grind of the school year, but it doesn't have to be all work and no play. Downtown merchants and title sponsor **MIDFLORIDA CREDIT UNION** want you to have fun with knowledge, so we're organizing a trivial pursuit scavenger hunt. Pick up your game cards at any participating merchant and go in search of knowledge. Visit the stores, answer the questions and register for a chance to win prizes.

**September 2, 2011 - "Dog Days of Summer"** – First Friday is once again hosting "Dog Days of Summer". Usually held in August, we are moving the theme to September in hopes of slightly cooler weather! Even if you don't have a dog in this hunt, you'll have a ball watching the pooches sniff and mingle. Of course, there will be dog-centric activities. Dogs, tell your owners you want to dress up and march in the Dog Days Pooch Parade. If you had rather ride, decorate a float. Just don't be left out of all the fun. Lakeland Winter Haven Kennel Club will bring out some of the members' finest dogs to say hello. You can get up close and personal with some breeds you might have seen only on television. Does a Chinese Crested really have a crest? Does a Sussex spaniel bark with an English accent? Stop by, say hello, and pick up some literature about dogs. Plus all kinds of fun human activities throughout Downtown as well. Plus comedy improv returns with Shorts N Flip Flops in Munn Park. They can even make your dogs laugh.

## MEET OUR MEMBERS

This month we introduce member Mickie Brown. Born in Aurora, Illinois, Mickie moved to Lakeland in 1993. Mickie and her husband Gary are the proud parents to Paula and Brittany, and loving grandparents to their granddaughter Karter. Brittany is Mickie's inspiration to help people with special needs. Mickie says she took the CPA classes to learn more about the ins and outs of the police department. She enjoyed learning about the K-9 unit, CIS, Officer Survival Tactics and going to the Shooting Range. In addition to being a member of the LCPAAA, Mickie also is involved with Noah's Ark of Central Florida. Mickie also likes Gardening, Biking, Computers and helping out with the elderly and people who are intellectually challenged. She would also like to remind all members to - Keep involved and always keep our two and four legged officers in your thoughts and prayers.





Citizen Police Academy Alumni Association  
P.O. Box 1904  
Lakeland, FL 33802

**"Effective Crime Control is a Team Effort."**

## Newsletter News

Don't forget if you have information to add to the newsletter or would like to see more information about a particular department, speaker or news in general, please let me know at [ENKHESS@aol.com](mailto:ENKHESS@aol.com) or by phone at 863-640-3187.



### July's Birthdays

2nd	James Durbin
6th	Gerald Myers
10th	Carol Harris
10th	Diane Quinn
12th	Gary Brown
16th	Estelle Baker
19th	Audray Lewis-Adams
20th	Richard Derk
20th	Kay Shelby
20th	Brenda Wallace
26th	Sharon Munson